

## **Bankhouse Shared Ownership Assisted Living offer 2018 - 2019**

The purpose of Bankhouse Assisted Living is to offer an alternative to residential care for older people ensuring housing, social, health, support and care needs are met, within independent fully supported flats. Also to reduce isolation and encourage social stimulation, maintain relationships, make new ones and meet the needs of a diverse community.

### **Core Support – cost is within the Event Fee**

Core Support service includes:

- An onsite management team
- Support staff available 24 hours a day
- Care-coordination and liaison
- Co-ordinating assistive technology
- Family liaison
- Emergency response and support and reactive care
- Housing related support such as paying and monitoring of rent and utilities, setting up and maintaining the fabric of the home
- Medication collection/ordering
- Health and safety checks
- Weekly social activities
- Local CCG registration (GP surgery, dentist etc.)
- Management monitoring
- Regular checks for quality assurance

### **Assisted Living services - £17.89 per hour**

Assisted Living services can include:

#### **Personal care**

- Getting up and dressing
- Washing
- Supervision and assistance with bathing
- Toileting and continence management
- Hair care
- Personal hygiene – including hand nail and basic foot care
- Assistance with dental hygiene, hearing and sight aids
- Prompting and assistance with medication
- Escorting and socialising
- Preparing light meals and snacks
- Preparing for going to bed
- Waking night care
- Assistance in relearning basic life skills
- Monitoring and encouragement to be independent in personal care
- Help with moving from chair/ wheelchair/ bed etc.

### **Practical support**

- Shopping
- Pension benefits cashing and prescription collecting
- Bill paying
- Cleaning and domestic/housework care – including bed changing
- Laundry and dry cleaning

### **Companionship & social support**

- Enabling communication
- Supporting well being
- Maintaining social contacts
- Encouraging, supporting and arranging customer led activities

### **The Restaurant**

Pay for your meal each time you use the Restaurant (£4 per meal)

Meals may also be arranged on a weekly basis - £26.83 per week (£3.83 per meal).

Cost is for a 2-course hot meal and are available every evening.

A light lunch is also available at an additional cost.

***Costs subject to change, menu available upon request.***